Breakfast

Monday	Tuesday	Wednesday	Thursday, Sept 1st	Friday, Sept 2nd
,	·	·	•	
Monday, September 5th	Tuesday, September 6th	Wednesday, September 7th	Thursday, September 8th	Friday, September 9th
	Sausage Breakfast Bowl	Kopia	Breakfast Burrito	Fried Rice
	Fruit	Goldfish Cookie	Fruit	Fruit
No School: Labor Day	Juice	Fruit	Juice	Juice
	Milk	Juice	Milk	Milk
		Milk		
	Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal
Monday, September 12th	Tuesday, September 13th	Wednesday, September 14th	Thursday, September 15th	Friday, September 16th
French Toast	Ham & Brown Rice	Sticky Rice & Bacon	Breakfast Pizza	Sausage & Brown Rice
Fruit	Fruit	Goldfish Cookie	Fruit	Fruit
Juice	Juice	Fruit	Juice	Juice
Milk	Milk	Juice	Milk	Milk
		Milk		
Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal
Monday, September 19th	Tuesday, September 20th	Wednesday, September 21st	Thursday, September 22nd	Friday, September 23rd
Pancake on a Stick	Sausage Breakfast Bowl	Kopia	Breakfast Burrito	Fried Rice
Fruit	Fruit	Goldfish Cookie	Fruit	Fruit
Juice	Juice	Fruit	Juice	Juice
Milk	Milk	Juice	Milk	Milk
All Assessed Council	All Asserted Consel	Milk	All Assessed Occasion	All Assessed Occupation
Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal
Monday, September 26th	Tuesday, September 27th	Wednesday, September 28th	Thursday, September 29th	Friday, September 30th
French Toast	Ham & Brown Rice	Sticky Rice & Bacon	Breakfast Pizza	Sausage & Brown Rice
Fruit	Fruit	Goldfish Cookie	Fruit	Fruit
Juice	Juice	Fruit	Juice	Juice
Milk	Milk	Juice	Milk	Milk
IVIIIN	IVIIIN	Milk	Allivi	Allivi
Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal	Alt: Assorted Cereal
7 iii. 7 iosofica Ocicai	/ III. / ISSUITED OCICAL	/ iii. / iosorica Ocicai	/ III. / IOSOFICA OCTOR	/ iii. / iosorica Ocicai

All students at a minimum must grab 1/2 cup of vegetables or fruits along with two other items on their tray for breakfast and lunch. If there questions or concerns about the menu, please contact the Food Department @ fooddepartment@hcpak12.org

Menu items can change without notice

Lunch

Manday	Turaday	Mode and a	Thursday Cont 1st	Friday, Cant Ond
Monday	Tuesday	Wednesday	Thursday, Sept 1st	Friday, Sept 2nd
Monday, September 5th	Tuesday, September 6th	Wednesday, September 7th	Thursday, September 8th	Friday, September 9th
	Corn Dog	Chicken Stir Fry w/Green Beans	Korean Beef	Roast Turkey w/Gravy
	Fresh Fruit	Brown Rice	Fresh Fruit	Fresh Fruit
No School: Labor Day	Fresh Vegetable	Fresh Fruit	Fresh Vegetable	Fresh Vegetable
	Milk	Fresh Vegetable	Milk	Milk
		Milk		
	Alt: Turkey & Cheese Sandwich	Alt: Turkey & Cheese Sandwich	Alt: Turkey & Cheese Sandwich	Alt: Turkey & Cheese Sandwich
Monday, September 12th	Tuesday, September 13th	Wednesday, September 14th	Thursday, September 15th	Friday, September 16th
Pork Stir Fry	Walking Taco	Pepperoni & Cheese Pizza	Pho	Cheese Burger
Brown Rice	Fresh Fruit	Fresh Fruit	Whole Grain Roll	Fresh Fruit
Fresh Fruit	Fresh Vegetable	Fresh Vegetable	Fresh Fruit	Fresh Vegetable
Fresh Vegetable	Milk	Milk	Fresh Vegetable	Milk
Milk			Milk	
Alt: Ham & Cheese Sandwich	Alt: Ham & Cheese Sandwich	Alt: Ham & Cheese Sandwich	Alt: Ham & Cheese Sandwich	Alt: Ham & Cheese Sandwich
Monday, September 19th	Tuesday, September 20th	Wednesday, September 21st	Thursday, September 22nd	Friday, September 23rd
Mostaccioli	Korean Beef	Chicken Stir Fry w/Cabbage	Red Curry Noodle Soup	Grilled Cheese & Tomato Soup
Fresh Fruit	Fresh Fruit	Brown Rice	Whole Grain Roll	Fresh Fruit
Fresh Vegetable	Fresh Vegetable	Fresh Fruit	Fresh Fruit	Fresh Vegetable
Milk	Milk	Fresh Vegetable	Fresh Vegetable	Milk
l.,	-	Milk	Milk	
Alt: Turkey & Cheese Sandwich	Alt: Turkey & Cheese Sandwich	Alt: Turkey & Cheese Sandwich	Alt: Turkey & Cheese Sandwich	Alt: Turkey & Cheese Sandwich
Monday, September 26th	Tuesday, September 27th	Wednesday, September 28th	Thursday, September 29th	Friday, September 30th
Mangalian Chiakan	Chicken Tenders	.Pepperoni & Cheese Pizza	Chicken Drummies w/Brown Rice	Walking Tage
Mongolian Chicken		• •		Walking Taco
Brown Rice	Tator Tots	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fresh Fruit	Fresh Fruit	Fresh Vegetable	Fresh Vegetable	Fresh Vegetable
Fresh Vegetable	Fresh Vegetable	Milk	Milk	Milk
Milk	Milk	Alta Llows 9. Obcasa Carada Lata	Alta Lloro 9 Charras Carada ida	Alta I lama 9 Obsessa Caradadata
Alt: Ham & Cheese Sandwich	Alt: Ham & Cheese Sandwich	Alt: Ham & Cheese Sandwich	Alt: Ham & Cheese Sandwich	Alt: Ham & Cheese Sandwich