

Breakfast

Monday	Tuesday	Wednesday	Thursday, Sept 1st	Friday, Sept 2nd
Monday, September 5th	Tuesday, September 6th	Wednesday, September 7th	Thursday, September 8th	Friday, September 9th
No School: Labor Day	Sausage Breakfast Bowl Fruit Juice Milk Alt: Assorted Cereal	Kopia Goldfish Cookie Fruit Juice Milk Alt: Assorted Cereal	Breakfast Burrito Fruit Juice Milk Alt: Assorted Cereal	Fried Rice Fruit Juice Milk Alt: Assorted Cereal
Monday, September 12th	Tuesday, September 13th	Wednesday, September 14th	Thursday, September 15th	Friday, September 16th
French Toast Fruit Juice Milk Alt: Assorted Cereal	Ham & Brown Rice Fruit Juice Milk Alt: Assorted Cereal	Sticky Rice & Bacon Goldfish Cookie Fruit Juice Milk Alt: Assorted Cereal	Breakfast Pizza Fruit Juice Milk Alt: Assorted Cereal	Sausage & Brown Rice Fruit Juice Milk Alt: Assorted Cereal
Monday, September 19th	Tuesday, September 20th	Wednesday, September 21st	Thursday, September 22nd	Friday, September 23rd
Pancake on a Stick Fruit Juice Milk Alt: Assorted Cereal	Sausage Breakfast Bowl Fruit Juice Milk Alt: Assorted Cereal	Kopia Goldfish Cookie Fruit Juice Milk Alt: Assorted Cereal	Breakfast Burrito Fruit Juice Milk Alt: Assorted Cereal	Fried Rice Fruit Juice Milk Alt: Assorted Cereal
Monday, September 26th	Tuesday, September 27th	Wednesday, September 28th	Thursday, September 29th	Friday, September 30th
French Toast Fruit Juice Milk Alt: Assorted Cereal	Ham & Brown Rice Fruit Juice Milk Alt: Assorted Cereal	Sticky Rice & Bacon Goldfish Cookie Fruit Juice Milk Alt: Assorted Cereal	Breakfast Pizza Fruit Juice Milk Alt: Assorted Cereal	Sausage & Brown Rice Fruit Juice Milk Alt: Assorted Cereal

All students at a minimum must grab 1/2 cup of vegetables or fruits along with two other items on their tray for breakfast and lunch. If there are questions or concerns about the menu, please contact the Food Department @ fooddepartment@hcpak12.org

Menu items can change without notice

Lunch

Monday	Tuesday	Wednesday	Thursday, Sept 1st	Friday, Sept 2nd
Monday, September 5th	Tuesday, September 6th	Wednesday, September 7th	Thursday, September 8th	Friday, September 9th
No School: Labor Day	Corn Dog Fresh Fruit Fresh Vegetable Milk Alt: Turkey & Cheese Sandwich	Chicken Stir Fry w/Green Beans Brown Rice Fresh Fruit Fresh Vegetable Milk Alt: Turkey & Cheese Sandwich	Korean Beef Fresh Fruit Fresh Vegetable Milk Alt: Turkey & Cheese Sandwich	Roast Turkey w/Gravy Fresh Fruit Fresh Vegetable Milk Alt: Turkey & Cheese Sandwich
Monday, September 12th	Tuesday, September 13th	Wednesday, September 14th	Thursday, September 15th	Friday, September 16th
Pork Stir Fry Brown Rice Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich	Walking Taco Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich	Pepperoni & Cheese Pizza Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich	Pho Whole Grain Roll Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich	Cheese Burger Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich
Monday, September 19th	Tuesday, September 20th	Wednesday, September 21st	Thursday, September 22nd	Friday, September 23rd
Mostaccioli Fresh Fruit Fresh Vegetable Milk Alt: Turkey & Cheese Sandwich	Korean Beef Fresh Fruit Fresh Vegetable Milk Alt: Turkey & Cheese Sandwich	Chicken Stir Fry w/Cabbage Brown Rice Fresh Fruit Fresh Vegetable Milk Alt: Turkey & Cheese Sandwich	Red Curry Noodle Soup Whole Grain Roll Fresh Fruit Fresh Vegetable Milk Alt: Turkey & Cheese Sandwich	Grilled Cheese & Tomato Soup Fresh Fruit Fresh Vegetable Milk Alt: Turkey & Cheese Sandwich
Monday, September 26th	Tuesday, September 27th	Wednesday, September 28th	Thursday, September 29th	Friday, September 30th
Mongolian Chicken Brown Rice Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich	Chicken Tenders Tator Tots Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich	.Pepperoni & Cheese Pizza Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich	Chicken Drummies w/Brown Rice Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich	Walking Taco Fresh Fruit Fresh Vegetable Milk Alt: Ham & Cheese Sandwich

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